

ENGLISH 14.10.2020

INFORMATION UPDATE 14.10.2020. Klo.12:30 New guidelines regarding Kemi City's general service and opening hours

Generally:

The coronavirus situation in Meri-Lappi's area is under control.

1. It strongly recommended to wear face mask in all situations where there are not possibilities to keep safe distance.

2. Respiratory protection (mask) will be distributed to low-income residents of Kemi on Tuesdays and Thursdays from the Social office Information Point from 12 noon to 15:00.

3. It is possible to meet the residents of service homes outdoors, keeping physical distance and face protection. Visitations should and must be agreed in advance with service homes management. There should not be more than two visitors at the same time.

4. For safety reasons, Kemikammari's activities will be restricted to a certain number at the same time.

5. It is strongly recommended that private and third sector operations and religious communities would not organize gatherings with more than 50 people at this this moment.

6. There are restrictions to the following activities/services:

- day hospitalization services and day services are closed. Activities will be implemented at home.
- sauna programs will be restricted
- group intervention and interval treatment in Apila
- family support activities
- Leipätehdas activity center

7. It is still recommended that people over the age of 70 avoid close physical contact whenever possible at their own discretion.

8. At indoor hobbies/sports venues you must take notice:







- Participants are recommended to enter the gym preferred equipment and avoid staying in the locker room. Likewise, participants are encouraged to use their own washing facilities. Only 15 people can stay in locker room at same time.
- Each exercise facility will specify the number of participants allowed at the same time.
- During exercises participants must follow the protection guidelines given by the sports union.
- Facility users can find detailed instructions from the sports office and the sports website.

9. Seating places in cultural center and facilities will be limited to ensure an adequate physical distance and to avoid unnecessary stays.

10. People are strongly recommended to wear face mask in Kemi city's cultural and sports programs with over 50 spectators or audience.

11. Passengers recommended to wear mask in public transport services.

12. At this time, basic and upper secondary education will continue normally with as contact teaching. Teachings will follow protective measures/guidelines. Possible switching to distance learning or shift learning is planned as a precaution.



