



ENGLISH 18.11.2020

INFORMATION UPDATE 18.11. New guidelines regarding Kemi City's general service and opening hours from 19.11.-2.12. 2020 Due to the effect of coronavirus.

The epidemic situation in the Länsi-pohja area is still accelerating. However, the number of cases has slowed down, and the rate of incidence has started to decline in recent days. In Kemi, more coronavirus infections have also emerged in recent days, while in Tornio, the situation has improved slightly. Tracing of infection cluster has been successful, but the origin of all infections is not known.

The rate of the virus incidence in Kemi has risen and there are currently 64 cases per 100,000 inhabitants. Infection cluster have been largely identified and those exposed have been quarantined. The rate of the virus incidence in Tornio is 204 cases per 100,000 inhabitants and more than 600 people have been placed in the quarantine. The rate of virus incidence in the entire Finland is about 50 cases per 100,000 inhabitants.

In the case of Kemi, the situation has deteriorated, the virus is circulating faster in the community and the risk of getting the virus has clearly increased. Because of the deteriorating situation in Kemi, it is important to follow the given guidelines and protect both staffs and residents from the virus. It is too early to abandon protective measures in the current virus situation.

18.11. According to the guidelines and recommendations of the regional pandemic working group (Task force), the existing restrictive measures will not be abandoned. The epidemic situation in the region has not reduced to such an extent that they can be safely abandoned. Protective measures will be continued and the general recommendation for gatherings will be restricted to 10 people.

The emergency management team, of the City of Kemi protective and restriction decision on the 13.11 will continue. The restrictive measures will be extended by two weeks, and strictly to tighten the number of all gatherings to 10 people, as recommended by regional pandemic working group (Task force).

The protective and restrictive measure will be in force from the 19:11-2.12.2020





Current guidelines:

The coronavirus situation in Meri-Lappi area is still serious, in accordance with the guidelines of the regional pandemic working group (Task force) the existing protective and restrictive measures of resident's activities will be continued. The duration of the restrictive measures is two weeks, during which the epidemic is expected to subside.

Changes in opening hours and service caused by the coronavirus epidemic 19.11. - 2.12.2020

1. It is strongly recommended to wear face mask in all situations where there are not possibilities to keep safe distance.
2. It is possible to meet the residents of service homes outdoors, keeping physical distance and face protection. Visitations should and must be agreed in advance with service homes management. There should not be more than two visitors at the same time.
3. Indoor programs group activities organized by the city will be suspended, for all groups over the age of 18 year. It also is recommended that other organizations in the city do same.
4. Kemi city organized programs will be cancelled and public programs or activity with over 10 participants indoors is prohibited. Groups and companies should do the same.
5. It is strongly recommended that private and third sector operations, religious communities should not organize gatherings with more than 10 people at this moment. Gatherings of less than 10 people should follow the general mask and safe distancing recommendation.
6. We appeal to the residents to so far refrained from organizing all kinds of indoor parties and events, such as Christmas parties.
7. There are restrictions to the following activities/services or possibly suspended
 - Kemi-kammarin activities suspended
 - Clients services in the city building suspended. Important services will be arranged with an appointment
 - day hospitalization services and day services are closed. Activities will be implemented at home.
 - sauna programs will be restricted
 - group intervention and interval treatment in Apila
 - family support activities





- Leipätehdas activity center
8. It is recommended that people over the age of 70 avoid close physical contact whenever possible at their own discretion.
 9. Kemi city's indoor sports venues are will be temporary break from those over 18 years of age. Groups and companies should do the same.

People under the age of 18 should consider the following in their hobbies

- The use of changing rooms in sports facilities is not recommend
- Participants are recommended to enter the gym preferred equipment and staying in the locker room will be authorized
- Likewise, participants are encouraged to use their own washing facilities
- Only 15 people can stay in locker room at same time.
- Each exercise facility will specify the number of participants allowed at the same time.
- During exercises participants must follow the protection guidelines given by the sports union.
- Facility users can find detailed instructions from the sports office and the sports

10. Strongly recommended that all kinds of competitions and show performance and trips related to such activities be cancelled for youth and adults.
11. Cultural centers such as art galleries, historical museum should be closed, concerts theater performance should be cancelled in this interval. The library has limited special protective measures for the purpose of borrowing material only.
12. In public transport services, it is recommended that all passengers over the age of 18 wear a respiratory protection (mask).
13. At this time, basic and upper secondary education will continue normally with contact teaching. Teachings will follow protective measures/guidelines. A possible switching to distance learning or shift learning classes is in plan as a precaution if needed.
14. Respiratory protection (mask) will be distributed to low-income residents of Kemi on Tuesdays and Thursdays from the Social office Information Point from 12 noon to 15:00.

On weekdays, Kemi coronavirus sampling/testing center is located at Sairaalakatu 1 (Tori opposite the central hospital). Sampling/testing is open Monday- Friday from 8 a.m. to 14:30 and is only by appointment.

Saturdays and Sundays, there are also coronavirus samples/tests center also to Kemi residents in Tornio Health Advice Point, located at the border. Sampling/testing is open on Saturdays from 9:00 to 15:00 and on Sundays from 9:00 to 14:00 and is by appointment.





Book an appointment from this link, the sampling/test location is Kemi on weekdays and on weekends Tornio

[:https://mehilainenlansipohja.fi/koronavirus/?fbclid=IwAR0sB1JW_sh7jwUTeCIEMHZBng_ikNWSs8mraJXBj4d-z442FCYp3jIw9o](https://mehilainenlansipohja.fi/koronavirus/?fbclid=IwAR0sB1JW_sh7jwUTeCIEMHZBng_ikNWSs8mraJXBj4d-z442FCYp3jIw9o)

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