



ENGLISH 26.11.2020

INFORMATION UPDATE 26.11. at 13:00

New guidelines regarding Kemi City's general service and opening hours from 26.11.-13.12. 2020

Due to the effect of coronavirus.

Generally, the coronavirus situation in Meri-Lappi area is still serious, in accordance with the guidelines of the regional pandemic working group (Task force) the existing protective and restrictive measures of resident's activities will be continued. The duration of the restrictive measures is two weeks, during which the epidemic is expected to subside.

1. It is strongly recommended to wear face mask in all situations where there are not possibilities to keep safe distance.
2. It is possible to meet the residents of service homes outdoors, keeping physical distance and face protection. Visitations should and must be agreed in advance with service homes management. There should not be more than two visitors at the same time.
3. Indoor programs group activities organized by the city will be suspended, for all groups over the age of 18 year. It also is recommended that other organizations in the city do same.
4. Kemi city organized programs will be cancelled and public programs or activity with over 10 participants indoors is prohibited. Groups and companies should do the same.
5. It is strongly recommended that private and third sector operations, religious communities should not organize gatherings with more than 10 people at this moment. Gatherings of less than 10 people should follow the general mask and safe distancing recommendation.
6. We appeal to the residents to so far refrained from organizing all kinds of indoor parties and events, such as Christmas parties.
7. It is recommended to withdraw all unnecessary work and leisure trips. Travels should be avoided particularly in areas where the disease situation is weak, such as Sweden.





8. There are restrictions to the following activities/services or possibly suspended
 - Kemi-kammarin activities suspended
 - Clients services in the city building suspended. Important services will be arranged with an appointment
 - day hospitalization services and day services are closed. Activities will be implemented at home.
 - sauna programs will be restricted
 - group intervention and interval treatment in Apila
 - family support activities
 - Leipätehdas activity center

9. It is recommended that people over the age of 70 avoid close physical contact whenever possible at their own discretion.

10. Kemi city's indoor sports venues are will be temporary break from those over 18 years of age. Groups and companies should do the same. People under the age of 18 should consider the following in their hobbies.
 - The use of changing rooms in sports facilities is not recommend
 - Participants are recommended to enter the gym preferred equipment and staying in the locker room will be authorized
 - Likewise, participants are encouraged to use their own washing facilities
 - Only 15 people can stay in locker room at same time.
 - Each exercise facility will specify the number of participants allowed at the same time.
 - During exercises participants must follow the protection guidelines given by the sports union.
 - Facility users can find detailed instructions from the sports office and the sports

11. Strongly recommended that all kinds of competitions and show performance and trips related to such activities be cancelled for youth and adults.

12. Cultural centers such as art galleries, historical museum should be closed, concerts theater performance should be cancelled in this interval. The library has limited special protective measures for the purpose of borrowing material only.

13. In public transport services, it is recommended that all passengers over the age of 18 wear a respiratory protection (mask).

14. It is recommended that guardians should wear mask indoors in early childhood facilities when dropping off and retrieving their child or children.





15. Basic and upper secondary education will continue normally with contact teaching. Teachings will follow protective measures/guidelines. Early childhood education and contact teaching will follow the safety recommendations of the Ministry of Education and Culture (OKM) A possible switching to distance learning or shift learning classes is in plan as a precaution if needed.
16. Respiratory protection (mask) will be distributed to low-income residents of Kemi on Tuesdays and Thursdays from the Social office Information point from 12 noon to 15:00.

On weekdays, Kemi coronavirus sampling/testing center is located at Sairaalakatu 1 (Tori opposite the central hospital). Sampling/testing is open Monday- Friday from 8 a.m. to 14:30 and is only by appointment.

Saturdays and Sundays, there are also coronavirus samples/tests center also to Kemi residents in Tornio Health Advice Point, located at the border. Sampling/testing is open on Saturdays from 9:00 to 15:00 and on Sundays from 9:00 to 14:00 and is by appointment.

Book an appointment from this link, the sampling/test location is Kemi on weekdays and on weekends Tornio

[:https://mehilainenlansipohja.fi/koronavirus/?fbclid=IwAR0sB1JW_sh7jwUTeCIEMHZBng_ikNWSs8mraJXBj4d-z442FCYp3jIw9o](https://mehilainenlansipohja.fi/koronavirus/?fbclid=IwAR0sB1JW_sh7jwUTeCIEMHZBng_ikNWSs8mraJXBj4d-z442FCYp3jIw9o)

Jukka Vilen
Kansliajohtaja
vs. kaupunginjohtaja
+358404864101

Kemin kaupunki
Valtakatu 26, KEMI



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